



As we begin 2012 we are pleased to announce that over 10,000 cancer patients have now participated in the CancerConnect platform to exchange information and support. This winter we launched the Chat with The Expert series featuring experts from Yale, Johns Hopkins, and Memorial-Sloan Kettering Cancer Center on topics such as complementary and integrative medicine as well as advances in treatment decision making that impact personalized medicine. The Chat with The Expert series will continue this year with our first Web Chat occurring in February on treatment decision making in ductal carcinoma in situ. **Register Now!** We appreciate all of you for sharing your experiences with cancer and supporting one another on CancerConnect. This site is for all of you touched by cancer- to educate, empower and support you through this journey.

Community Connections

Have you joined our breast cancer community on CancerConnect yet? If you're looking for a place to connect and exchange ideas and support, this thriving community is awaiting your voice. Check out these recent forum topics and join the conversation:

Prescribed Reading: Information is power. Community members share books that helped them navigate cancer. What are you reading?

Chemo Brain: Are you battling brain fog? You're not alone. Connect with others who have found ways to cope with chemo brain.

Prevention of Recurrence with Bisphosphonates or Rank Ligand Inhibitor: What's your experience with bisphosphonates?

Complementary/Integrative Medicine- what has your doctor suggested?: What has your doctor suggested?: Complementary versus traditional medicine is no longer an either-or proposition. How has your doctor helped you integrate complementary strategies into your treatment?

Health, Wellness & Prevention

I love you, I love you not

Understanding our fickle relationship with food [read more](#)

Restoring Your Body after Breast Cancer

In my movement, fitness, and yoga classes, I often meet students who have heard the fateful words, “You have breast cancer.” [read more](#)

What's New?

Combined HER2 Treatment Improves Outcome of Advanced Breast Cancer

Among women with metastatic, HER2-positive breast cancer, treatment with a combination of HER2-targeted therapies may produce better outcomes than treatment with only a single HER2-targeted therapy. [read more](#)

Afinitor Delays Breast Cancer Progression

Among postmenopausal women with advanced breast cancer that had become resistant to hormonal therapy, the combination of Afinitor® (everolimus) and Aromasin® (exemestane) delayed cancer progression to... [read more](#)

Many Women Not Getting Breast Reconstruction After Mastectomy

Less than one-quarter of women who have a mastectomy undergo immediate breast reconstruction. [read more](#)

Longer Follow-Up Continues to Suggest That Zometa May Provide Breast Cancer Benefit

Longer-term follow-up of the ABCSG-12 study continues to suggest that the bisphosphonate drug Zometa® (zoledronic acid) may improve outcomes among women with early-stage, hormone receptor-positive breast... [read more](#)

Diabetes and Obesity Increase Breast Cancer Risk

Having diabetes or being obese after the age of 60 increases a woman's risk of getting breast cancer. [read more](#)

Learn from the Experts



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Join us for a live web chat
ASK THE EXPERT!

Staying Strong and Healthy
with Integrative Medicine:
Complementary Therapies
in Cancer Care

Barrie R. Cassileth, MS, PhD
Laurance S. Rockefeller
Chair in Integrative Medicine
Chief, Integrative Medicine Service
Memorial Sloan-Kettering Cancer Center

Web Chat with Dr. Cassileth

Live Web Chat with Barrie R. Cassileth, PhD, Chief, Integrative Medicine Service; Laurance S. Rockefeller Chair Integrative Medicine, Memorial Sloan-Kettering Cancer Center (MSKCC).

Featured Tips on the CancerConnect Network

What is Genomics?

You've probably heard of genetic testing for cancer susceptibility, but the more recent and broader field of genomics is also having a wide-reaching impact on patient care. [read more](#)

Ask the doctor Breast Cancer Screening and Early Detection

10 Tips for Breast Cancer Screening and Early Detection 1. Get screened regularly. Early detection... [read more](#)

Set the Date... for Cancer Screenings

Screening guidelines should initiate conversations with your healthcare team. [read more](#)

Support: Advocacy and Inspiration

When Does Survivor Status Start?

The latest data available from the National Cancer Institute tells us that there are almost 12 million cancer survivors in the United States. [read more](#)

Managing Change

In preparing to write about managing change, a favorite John Lennon quote comes to mind: “Life is what happens to you while you’re busy making other plans.” [read more](#)

Lessons in Life and Love

Lisa Niemi Swayze reflects on her journey as a caregiver and shares her hopes as an advocate. [read more](#)

Coming Soon...

Winter Issue:

Pancreatic cancer advocate Lisa Niemi Swayze graces the cover of our winter issue, which also features articles devoted to colon cancer, melanoma research and treatment, and chronic pain. In addition, wellness content in this issue includes articles on trail running, swimming, nutrition, and spiritual topics.

Upcoming (Spring) Issue:

The spring issue of *Women* will feature cancer advocate and actress Fran Drescher, who describes the evolution of the Cancer Schmancer organization and her own cancer journey. In addition, the issue will include a special section devoted to lung cancer topics, several articles related to breast cancer topics, an in-depth look at chronic fatigue and fibromyalgia, and many other health and wellness features.



Special Newsletter Offer for Women Magazine

Subscribe today at the special on line rate of only \$5.95 per year and receive Women delivered to your home immediately.

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